

EUREKA EXPRESS

VOL XXXII No. 2 CIRC 286

MARCH 2011



***EUREKA COUNTRY FAIR &
Giant Pumpkin Weigh In Day***



GIANT PUMPKIN WEIGH-IN DAY



Despite the wet weather a successful Fair was held last Saturday in conjunction with the Giant Pumpkin Weigh-in Day. And what an impressive lineup of pumpkins!

Congratulations to all the growers and prizewinners, and also to the other competition prizewinners on the day.

Many people deserve special mention and a big thank you for their role in making the day happen:

- Dinah Booth – Initiator of the Giant Pumpkin Competition and grower of the seedlings.
- Ivan Billings for the use of his paddock
- Brian Insoll – for the use of his property for parking.
- Wrightsons, Morrinsville for the use of their scales
- Gary (RD7) and Erna (RD6) for delivering flyers
- Karen Peart and her daughters, Maia and Kendra, for ponies and pony rides.
- Alice Ng and her friend Siobhan for their face painting skills.
- Lyaal Stokes for Bouncy Castle hire.
- Tauwhare PTA (and Buckley family) for sausage sizzle
- Competition judges for pumpkins, scarecrows, flower-show and colouring competitions
- Stall holders including Mr Whippy and Mulleez Smoked Fish (Peter Blick)
- Credit Union Hamilton and Westpac Cambridge for donation of prizes
- Ken Johnson for hall grass mowing and apples for apple bobbing.
- And the EE committee plus Barry Mayall and Lionel Orr for all their hard work.

Thank you to you all. Your efforts were most appreciated. Altogether a great team effort and we trust that all who attended enjoyed themselves.



GUEST EDITORIAL

Cooler evenings - gorgeous sunsets - misty sunrises, with another golden day dawning - all the ingredients for a Mills & Boon romance. However despite seeing nature at its liveliest, reality as we have seen on TV and read in the newspapers lately, show us another side of nature - devastation, heartbreak, loss of life, destroyed homes with difficult times ahead for many. Our thoughts and prayers are with them.

And even in our own local community we also have families who are encountering rough times, through illness, other stresses and difficulties, may they have the strength to cope and get through each day. Take one day at a time, don't look too far ahead, otherwise that mountain may be too hard to climb. Wise words, given to me years ago by Hooper roads most senior respected resident, Thelma, so true!!

We are so lucky to have attracted so many businesses right here in Eureka with many enjoying the country atmosphere, may they prosper and stay in our local community. Farmers also enjoying a record payout - so partners.....give them a few hints where you wish to escape for winter!.....

Hooper Rd on the poultry farm has been our home now for the past 24 years and we have enjoyed our peaceful lifestyle with our 4 children, daughters Liz now married to Andrew Reymers and their 3 boys (Joshua, Curtis & Nathan) living in Ohaupo, Cathy married to Stuart Riddell with their 2 daughters (Tamsin & Sophie) living in Waeranga, Te Kauwhata. And our 2 sons, Rene, partner Nadine van Ree and son Oscar living in Melbourne and Mathew and partner Amanda Antony living in Sydney. This gives us a good excuse to cross over to Ozzie now and again. We still meet many new and old Eureka's, always a pleasure to hear from past times and how Eureka has progressed. How Eureka is changing! Enjoy the autumn weather - winter's on the way!

Regards,
Nic & Maria Stolwyk



RAINFALL

	February 2010	Year to 28 th February
Total (mm)	5.5	218.5
Average (1994-2011)	69	158
Difference	-63.5	+60.5

Rainfall recorded on 5 days. Other low totals in this period were 1999 and 2000 when in both years 9 mm was recorded

EUREKA EXPRESS

ADVERTISING RATES		CONTACTS - Gail or Gayle	
<i>Classified Advertisements</i>	<i>Free</i>	<i>Gail Mayall (Editor)</i>	<i>Gayle Orr (Treasurer)</i>
<i>Small Business Advertisements</i>	<i>\$10 / month</i>	<i>70 Eureka Road</i>	<i>1139 3H28</i>
<i>• x 10 Insertions</i>	<i>\$80 / year</i>	<i>Ph 8241 758</i>	<i>R D 6, HAMILTON 3208</i>
<i>One Third Page Advertisement</i>	<i>\$15 / month</i>	<i>Fax 8241 028</i>	<i>Ph 8241 713</i>
<i>• x 10 Insertions</i>	<i>\$120 / year</i>	<i>e-mail:</i>	<i>Fax -</i>
<i>One Half Page Advertisement</i>	<i>\$20 / month</i>	<i>editor@eurekaexpress.co.nz</i>	<i>garr@extra.co.nz</i>
<i>• x 10 Insertions</i>	<i>\$160 / year</i>	<i>gallandberry@ainshot.co.nz</i>	

Snippets



Engagement congratulations: to Olin Greenan and Anna Horwell of Hooper road. Very best wishes to you both

Golden Wedding Congratulations to: Bob and Doreen Appleton of Masters Road, who will clock up 50 years of married life on April 8th. Hearty congratulations and best wishes for many more good years together.

New Grandchild Congratulations:

Lynne and Graham Brewer of Tauwhare Road welcomed a lovely new grandson, Carter James Brewer, on January 9th in Auckland. A darling son for Darren and Leesa. Best wishes to all.

And Sharon Laurent and Mark Fisher welcomed their first grandchild, Charlie Jack Walton, on February 20th. A lovely son for Libby and Jason. Very best wishes to all.

Welcome to Eureka: to Paul Gibbs and Juliet Chevalier-Watts who are new residents on Hunter Road. A warm welcome to you both.

Sporting success: Congratulations to Grace Lelieveld of Hooper Road who has achieved great results in athletics this season. At the Hillcrest High athletic sports Grace won the Senior Girls High Jump. She followed that up at the zone championships with 3rd place in the same event, and then won 2nd place at the recent Waikato/BOP Championships. Grace is wished every success as she competes in the Senior Girls High Jump at the North Island Secondary Schools Athletics Championships at Porritt Stadium on April 2nd and 3rd.

MARKETPLACE:

HOUSE FOR RENT:

4 Bedrooms and double garage. No dogs, phone Michele 8241893

FOR SALE: Wrought iron bath, good for a trough or planter \$40.00 Phone 8241713

FOR SALE: Freeview DVD Satellite receiver. Brand new, \$100 ono. Phone 8241713

BABY SITTER: Do you want a night out to yourself without worrying about the kids? I am an experienced baby sitter. I love kids and enjoy looking after them.

Please call Grace Lelieveld - 8241016



***** NOW IN EUREKA *****

Plus MORRINSVILLE & HAMILTON

<u>2011 CLASS TIMETABLE</u>			<u>PRICES</u>	
MON	7.30 - 8.30pm	EUREKA - Eureka Hall, SH26,	Casual Class	\$10
TUES	7.30-8.30pm	HAMILTON - St Peters Hall, 51 Victoria St, CBD	Student / Pension	\$6
WED	6.00-7.00pm	MORRINSVILLE - Senior Citizen Hall, Canada St	Concession Cards:-	
WED	7.30 - 8.30pm	EUREKA - Eureka Hall, SH26,	(For 10 Classes)	\$70 (3 months)
FRI	6.00 - 7.00pm	MORRINSVILLE - Methodist Church, Thames St	(For 20 Classes)	\$120 (6 months)
			Family Pass	\$20
			2 x Adults & 2 x Children (under 14 yrs)	

FIRST TIME TO CLASS ONLY \$4

Join Zumba Instructors - Megan Hyland, Sarah Rasmussen, Marcia Davie

Ph: 021 045225 (Megan) 027 2871222 (Sarah) Email: maha.zumba@xtra.co.nz

EUREKA COUNTRY FAIR & Giant Pumpkin Weigh In Day

Heaviest Pumpkin

1 st	132.2 kg's	Jon Newman
2 nd	127.7 kg's	Ben Newman
3 rd	123.5 kg's	Cameron Mayall

Most Unusual:	Lionel Orr
Closest To Judges Weight:	Renee Mayall
Oldest Grower:	Bob Appleton
Youngest Grower:	Jon Newman
Best Pair:	Yvette & Jessica Scatchard
Best Colour:	Peter Scatchard
Closest To Average Weight:	Lin Buckley
Pumpkin Name:	Kevin Buckley
Guess The Pumpkin Girth:	Simon Williams

	Horseshoe Throwing
Children:	Renee Mayall Melita Bargh Cameron Mayall
Adults:	Zane Williams Caroline Williams Gumboot Throwing.
Men:	Zane Williams
Women:	Caroline Williams

Colouring Competition

Juniors:	
1 st	Lachlan McCarthy
2 nd	Alex Meredith
3 rd	Ashleigh Mayall
Seniors:	
1 st	Taitym Stokes
2 nd	Renee Mayall
3 rd	Dylan Meek
Design A Cover:	
	Tiana Meek

Best Scarecrow
Tauwhare School Enviro Group

Sand Saucers

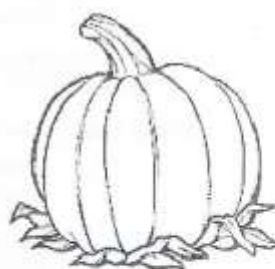
3 - 5 Years:	
1 st	Ben Newman
2 nd	Letitia Taylor
3 rd	Hannah Gordon
6 - 7 Years:	
1 st	Ashleigh Mayall
2 nd	Amy Gordon
3 rd	Jessica Scatchard
8 Years & Over	
1 st	Cameron Mayall
2 nd	Renee Mayall
3 rd	Danielle Gordon

Vegetable Animals

3 - 5 Years:	
1 st	Yvette Scatchard
2 nd	Blake Evans
3 rd	Ben & Jon Newman
6 - 7 Years:	
1 st	Josh Evans
2 nd	Amy Gordon
8 Years & Over	
1 st	Jessica Scatchard
2 nd	Abbey Walling
3 rd	Danielle Gordon & Haydon Evans

Aqua Jars

1 st	Abbey Walling
2 nd	Letitia Taylor





ATTENTION: RESIDENT

Police have recorded a significant increase of burglaries in your immediate neighbourhood over the last 2 months,

We would like to offer you some burglary prevention advice:

- **LOCK ALL WINDOWS AND DOORS** - Make sure all entry and exit points from your house have good quality, effective catches and locks - deadlocks if possible. Use these all the time even when you are out the back gardening. **DO NOT** leave a spare key outside.
- Install an alarm system and consider having it monitored by a reputable security company.
- Install sensor lights on access paths or around main external doors.
- Keep garden sheds and garages secure and lock away tools and ladders. (Burglars use these to climb in high windows)
- Do not leave items lying around exterior of house for Burglars to use to break in, eg Bricks, rocks, empty beer bottles.
- Dogs are a great deterrent, especially Big ones!
- Install netting curtains on all windows, hard to see into house from outside.
- **GET TO KNOW YOUR NEIGHBOURS!** We can all help in preventing burglaries.

WHY HOUSES MAY BE TARGETED

- Looks like no one is home.
- Doors or windows are open or insecure.
- Houses are hidden from public view.
- Houses bordering alleyways parks, green belts - easy access, quick getaway.
- Garages or sheds are open or insecure.
- Previous burglary at the address, offender returns.

Burglars are targeting electronic items such as Plasma Televisions, Laptop Computers, Cell phones, I-Pods, Digital Cameras, other related items and Cash!

If you suspect or witness any suspicious persons or vehicles please ...

- Record a full description of suspect, including clothing colour, labels, sex, ethnicity, hair colour and length
- Any scars, marks, tattoos or earrings.
- Full description of vehicle including colour, type and registration plate or any damage to vehicle.
- Get a direction of travel of vehicle or person

Then CALL 111

FURTHER SUGGESTIONS ON KEEPING YOUR HOME SAFE AND SECURE.

- Set up or join a Neighbourhood Support Group in your area and advertise the fact by displaying Neighbourhood Support signs and stickers. (Contact Hamilton East Police Station for Support Groups)
- Ask unannounced visitors who they are and what they want, install a 'peep-hole' in the front door so you know who is visiting you.
- Record serial numbers of valuable items and keep a record of them on the internet site www.snap.org.nz. This address allows individuals to record serial numbers of personal items for free! Check it out.
- Trim trees or remove shrubbery which might 'hide' a burglar's activity.
- Get to know your neighbours and develop plans to deal with problems or suspicious activity. Exchange phone numbers or emergency contact details.
- If you're going away, ask a neighbour or friend to collect your mail or newspaper and make your place look occupied, turn on lights (timers are great), park a vehicle in your driveway, hang washing on your line or mow your lawns.
- Consider placing "Beware of Dog" signs on gates or fences (Even if you don't have one!).
- If you have an answer phone, don't record a message that suggests you're out or alone.



Currently we have over 700 homes on our Neighbourhood Support Group, Join us NOW! Safer Communities together. For further information about joining or setting up a Neighbourhood Support Group, please contact your local Community Constable's office on 8582792 or 8582780

Remember- Crime can't survive in communities that care and Police can't act on something we don't know about.

- In case of emergency, a crime or suspicious behaviour happening now, ring 111.
- If it is not an emergency phone the Hamilton Central Police Station on 858 6200.
- For on-going community issues call your local Community Constable

Remember reducing burglaries can be as simple as reporting suspicious behaviour, locking your doors and not leaving windows open.

To report anonymous crime information contact Crime Stoppers on a confidential crime line for free on 0800 555111.

Further information on how to protect your home visit Police Website <http://www.police.govt.nz/safety/index.html> or visit Hamilton East Police Station, Clyde Street, Hamilton East or contact your local Community Constables, Nick or Briar on 8582792 or 8582780.

Tauwhare School

100 Hamilton Road New Zealand
admin@tauwhare.school.nz
07 574 1000



We will end term 1 with a very healthy roll of 135 children. The new classroom is looking fabulous and will be ready to move into by the end of the term. Mrs Grant and Mrs Elias have made the temporary classroom in the Multi-Purpose Room look very inviting with all the new furniture and plenty of space.

Irish Dance, guitar and drum lessons will recommence at the beginning of next term.

SWIMMING POOL

The school pool is getting nearer!!! The Board of Trustees has confirmed a budget of \$130 000 (\$100 000 for the 20m x 6m pool and filter, and \$30 000 for the pump shed and fittings). Once we have reached that target we will begin the pool immediately as we have plenty of toilets we can use to change in, and continue to fundraise for the changing sheds after that. The pool committee are continuing with grant applications.



To date we have raised \$ 53,667 + \$18 000 from WEL Energy. Thanks to the incredible support from WALLING CONTRACTORS who are digging out the old pools, saving us \$10 000. That brings are total to \$69 667. The pool committee has some great ideas on fundraising with fun events coming up such as:

Golf Tournament 3rd April – *Get your teams in fast!!!*
Entertainment Book – *Selling now \$55*
V8 catering April 15th – 17th
Big Screen movie May
Ravensdown catering June \$5000 guaranteed
Concert in the Sculpture Park Nov/Dec

I have recorded a c.d. to sell as a fundraiser. The c.d. includes songs such as The Rose (go to www.tauwhare.school.nz to hear this), Songbird, Autumn Leaves etc. C.ds cost \$15 each and can be ordered from the school
admin@tauwhare.school.nz

SCHOOL TRIP

Our whole school trip took a trip to Karapiro Lake as part of our science topic on Water. We are looking at conservation, sustainability, and industrial and recreational uses of water. We split

the school into 3 groups and rotated through the Karapiro Dam, the Rowing Centre and the Karapiro Cruiser. The weather was perfect, the 3 activities were equally informative and interesting. I cannot thank the parents who took transport enough. Everyone was fully involved, enthusiastic and supportive. We had a wonderful ratio of adults to children which meant we could relax a little knowing that the children were safely watched over at all times. I do not know of many schools that could get such huge support to get 40 parents, 122 children and their teachers to three different locations.



SWIMMING SPORTS

Congratulations to all the children who took part in the Country Cluster Swimming Sports. All the children tried their best and we had some excellent results. William Sinclair was unbeatable all day and looked like Michael Phelps in the pool; he is definitely one to look out for in the future. Thanks to the PTA the children looked very professional in their yellow caps.



We sent a very strong team to the City & Country Schools Swimming Sports. In the team

were: William Sinclair, Joseph Sinclair, Heath MacEwan, Tayla Hill, Georgia Hill, Jack Morton, Raumati Beazley, Jessica Aldred, Luke Aldred and Eden Qualtrough.

All did very well with Heath MacEwan winning freestyle finals and 3rd in backstroke, Luke Aldred 1st in the breaststroke finals and 3rd in freestyle finals. Once again William was a standout, winning every event; medley, freestyle, backstroke & breaststroke.

CHRISTCHURCH DONATIONS

It is incredibly heart-warming to hear the stories behind the money being raised by our children. So many children are giving some of their pocket money, some are doing jobs at home and Jack Ryan-Gaylor (5yrs) sold his toys to raise \$13.40. Jack has allowed me to put a letter he wrote in the newsletter for us all to share:

"We have been thinking of you. Everyone is sad for Christchurch. And all of NZ hope you are happy again soon. NZ people are crying for you. Here is a little bit of money from me." Jack.

Room 3 children & their teacher Miss Wrigg set up a produce stall at the front of the school which was very popular. In total the children raised \$322.70c. All funds raised will be sent to the Canterbury Earthquake Schools Relief Fund.

KYLEE McCAMBRIDGE

Kylee has been with us for 6 years and she is a sensational teacher – we call her the 'child whisperer', however Kylee has been offered a position overseas and it really is too good an opportunity to miss. While we will all miss her, we all support her decision to go. Mr Philip Quenby will take Kylee's place in Room 2.

PARENTS' READING NIGHT

On Thursday May 12th at 7pm we are holding an evening for parents and caregivers of school children or prospective school children to come along and hear how you can support your child in reading at home. We will take you through some of the strategies we use in the classroom and there will be plenty of time for questions and comments. We will simulate the reading process with you so you can experience the learning journey your child faces each day. It will be great fun!!!



CASH FOR CALVES SCHEME – Allied Farmers

Allied Farmers is supporting local communities. They encourage farmers to register their bobby calves with them and nominate their local school and Allied Farmers will make a payment for each bobby calf collected. Registration forms are available to download at www.mvllivestock.co.nz or you can call 847 3095 and request a form.

COLGATE TOOTHPASTE CARTONS

We need your empty Colgate Toothpaste cartons please!!!!!! Our school is competing to win a share of \$60,000 worth of new sports gear. Please pop them in the school mail box or give them to a school family before 30th June.

POOL CLOSING

We will be closing the school pool for all swimmers on Sunday the 3rd April. Please could we have all keys back as soon as possible?

Writing Competition Dec 2010

Stars shine like diamonds been hit with light.
Darkness creeps over the hills. Non-stop moos echo from the near by paddock. Corrugated iron creeks in the force of the powerful wind. Light filters from gaps and holes in the shed.

The shed is an island of light and warmth in the centre of the paddock. Silence fills the open air for a few seconds then is over powered by the calves and the cows, once again. Rays of light shine upon the post and rail fences. Some cows are resting and others stand and graze on the thin, dewy grass.

Cows and calves glance at the waking sun then begin to stand up from. Peeking through the hills the sun begins to start a new day. The shed light switches out. New Zealand is bright again. The once resting calves and cows now stand and graze on the grass.

By Tyla Qualtrough Yr 6

My Tree Hut

Tucked away from the noisy black road and hidden by tall lush green trees, lies a wooden tree hut inviting you to come in. Walking into the unfinished tree hut, a sense of calmness and pleasure washes over and over you. It invites you to relax on one of the dirty black office chairs swaying slightly in the cool breeze.

Sitting, you notice children's toys scattered about.

Leaning back, you slowly turn. Thud! Your worn chair hits a wooden desk made of rough plank laid along the width of the unpanelled walls. It sits quietly and adds to a sense of homeliness that was about. Looking through the old blue window you see a large tall white house standing proudly like a soldier saluting. Around it lays a big olive grove in green rows like a supermarket. Skirting the edge is a weed silage paddock like an uncut beard. Stepping outside you find a homely little deck skirted by a large wooden banister rail standing tall and straight.

The Tree

Liam Gilroy Yr 6



Pukeko Preschool, Tauwhare

"Quality early childhood education for 2-5 year olds in a caring rural environment"

Pukeko Preschool continues to be a thriving buzzing community at Tauwhare. We have welcomed several new families to preschool in the past month and look forward to getting to know more of our preschoolers as they grow. Thank you to Marion who brought Sam the miniature pony, and Dave with his very big rig truck. Both took many children for rides around the field during our annual family picnic and wheelathon earlier in March. This week we took our termly visit to the Hamilton City Gymnastics Club and have otherwise filled the term so far exploring bugs with a real focus on crickets - after finding some "in the cricket set" which prompted a good discussion around the variations of meanings in our language. The children and their whanau alike have also watched the transformation and growth of two tadpoles into full grown healthy frogs over the past few weeks.

Pukeko Preschool operates each day Monday-Friday from 8:45 - 1:15, but you chose which and how many days you'd like to attend. We currently have some spaces on our role and are always open to enrolments on our waiting list. Feel free to call in for a look or phone Susan, the Head Educator, on 824 0860.

Tauwhare Kids For Christ (KFC)

Will start our monthly Sunday morning sessions on Sunday 3rd April at 9:30, with an interactive journey through the Easter story.

This will be appealing to a wide age range of children and parents alike. All welcome to come along and join us at St. Andrews, Tauwhare Road.



TAUWHARE SCHOOL

Tauwhare New School Pool project.

Tauwhare Primary has been fundraising to put in a new larger swimming pool for some years now. This year we are undertaking a big fundraising campaign to have this new facility in by next summer.

Our goal is a new 20m pool, with a smaller side preschool/toddler area. There is a chance for everyone in the district to contribute to this school and community pool (yes it is open for community use outside school hours).

We are offering fundraising pavers to be labelled with your name for purchase. These will be layed within the pool surrounds and be a lasting memory for years to come of the families that helped build this wonderful new asset for the school. You could order single pavers (\$100), doubles (\$150) or triples (\$200). We will also be laying personalised larger square bricks in a feature wall area. These are available for between \$500 - \$2500. If you are able consider this request to boost our project funds and leave a lovely legacy at Tauwhare Primary we would be very appreciative. Purchasing these pavers will be seen as a donation and tax deductible. To find out more about this project or to get an order form for pavers and bricks please contact;

Jacqui Griffin

Family donations co-ordinator, Pool committee

Phone: 8241607 or email: craigandjackiegriffin@ihug.co.nz

This offer is open until the 6 May 2011, when all orders need to be placed for engraving.



CIVIL DEFENCE - by Sue Edmonds

After the recent series of huge disasters, both here and around the world, the Express Committee suggested that the Community Planning Committee live up to its name and provide some information to Eureka on Civil Defence, and what to do in emergencies.

This was partly triggered by the fact that, as a group, we found we didn't know much, and didn't know where to look for information.

We did find the Survival Guide, which these days is inside the back cover of the Yellow Pages book. But with no public school in the district, and realising that the comforting, but largely incomprehensible, sign denoting Civil Defence Warden Post was no longer around in Eureka, I have delved into the Internet and found that things have changed somewhat.

These days there's an overarching organization known as the Waikato Civil Defence Management Group, with members from eleven local Councils, plus Police, Fire Service, the District Health Board and St John Ambulance.

This rather vast area, which comprises almost all of the Environment Waikato regional coverage, has been divided into three sub-areas, based largely on the landforms and similarities of likely disasters.

Our area is Waikato Valley, which includes Hamilton City Council, Waikato, Waipa, Otorohanga and Waitomo District Councils, and it's known collectively as the Waikato Valley Emergency Operating Area.

There is also one for Thames Valley (which includes Coromandel) and one for Southern. Each of the three is responsible for their local civil defence emergency management responsibilities.

Unknown to most of us, there's an operational base for the Waikato Valley CDEM in Duke Street Hamilton. It's a purpose built and well equipped building in the yard area behind the City Council Depot. In times of emergency the Duke Street base is staffed 24/7 by a roster drawn from 110 trained staff, contributed by each of the five Councils. WDC contributes 30 people to this.

There is a big office space for all those involved in control activities, a specialised call centre, large kitchen/dining area, a huge room with tables, chairs and massive maps for briefings, and its IT capability is probably the most sophisticated anywhere in the city, including satellite

receiving and sending capacity. In quiet times there's a staff of three, including the Local Controller Paul Blewman, who becomes the boss man for the region when Regional Emergencies are declared.

I was fascinated to find out that when the National Emergency status was declared over Christchurch, that the National CD Controller becomes the controlling person, and even the Government has to obey what he says.

The Coordinating Base for the region is at EW's Grey Street offices. Schools or halls these days are usually just pickup points for rescuing people who don't have their own transport.

TO CONTACT THE WAIKATO VALLEY BASE IN TIME OF CIVIL DEFENCE EMERGENCY RING 838 6699 AND ASK FOR CIVIL DEFENCE. FOR POLICE, FIRE OR AMBULANCE FOR OTHER EMERGENCIES YOU STILL RING 111.

There is a raft of information on the CDEM Group's website (see below), detailing how to plan, prepare and act in times of emergency. Every page of that website has a series of quick click advice lists. And there are a lot more things to think about than one would imagine.

Remember, when the second quake hit in Christchurch, there was no warning time, and I imagine there were plenty of people who still didn't have plans already agreed and made for their families, children, disabled members, pets and neighbours.

We are aware that not every household in Eureka has a computer or access to the Internet, so we have printed some of the relevant CDEM instruction pages in a separate booklet circulated with this issue of the Express. **We suggest that you DON'T THROW THIS AWAY, but familiarise yourselves with what is in it and, just maybe, carry out some of the suggested activities and plans.**

If you want to find what information is available, and you do have a computer, go to www.waikatoregioncdemg.govt.nz.

Remember, you will need to look after you and yours first, possibly for up to three days, so a modicum of preparation might help a lot when Nature decides it's our turn.





EUREKA BADMINTON CLUB



JUNIOR CLUB NEWS

The junior season kicks off on Wednesday 6 April 2011 at Matangi Hall from 6-7.30pm. Juniors are aged from 8-18 years. Racquets are available. We are planning to hold badminton in the holidays at the end of term one. Parent help is appreciated for supervision and to help clean up the hall at the end of the evening.

There has been a slight increase in fees this season to cover costs. One child \$30, two children in the same family \$45 and three or more children in the same family \$55.

This season we plan to continue with the children's favourite Yankee tournaments and of course the club champs. The season will end on 5 October with our prize giving. Bryce Silvester will coordinate again this year with help from parents and grandparents too!

For more information contact Trisha Benge 829 5531 or just turn up on 6 April. New members are welcome and we look forward to seeing familiar faces too.

To fundraise we are selling Entertainment Books, these cost \$55 and have a hundreds of offers from many of Waikato and Bay of Plenty's finest restaurants, cafes, major takeaway chains, cinemas, attractions and leisure activities. We would appreciate your support so contact Trisha for your book!

LADIES A PLATE

Courgette Spice loaf

Makes a loaf that cuts into 12 to 14 slices



2 medium courgettes	1 cups soft brown sugar
¼ cup oil	2 teasp vanilla essence
2 eggs	1 ¾ cups flour
1 teasp baking powder	½ teasp baking soda
2 teasp ground cinnamon	½ teasp ground nutmeg
1 teasp ground ginger	1/2 teasp ground cloves
1 teasp salt	

1. Preheat oven to 180C Spray a 22cm x 12cm x7cm loaf tin with non-stick baking spray
2. Grate the courgette to equal 2 cups of loosely packed courgette.
3. In a large bowl, whisk together brown sugar, oil, vanilla and eggs. Mix in the grated courgette. The mix in the dry ingredients.
4. Pour into the prepared loaf tin and bake for 45-55 minutes until golden and firm in the centre and the sides are pulling away from the edges of the tin. Cool it the tin for 15 minutes, then turn out on to a wire rack.
5. Cool completely before slicing.

A great way to use up surplus courgettes. This recipe has been supplied by

TAUWHARE INDOOR BOWLING CLUB

Opening Night for 2011 was successful with a mix of Tauwhare and Matangi players.
Thank you to Ivan Billings for the organization and printing of our very full 2011 Programme.
Thank you to our sponsors who assist us annually to finance the printing of our programme

- The woolshed Homestay – John and Sandra Cottle
- Ian Manning – Registered Drain layer
- Eureka Motors – Colin Duncan
- Tauwhare Home Kills – Trevor and Leonie Brunton
- Spyve's Panel shop – Ron and Karen Spyve
- Billings Builders Ltd – Ivan Billings

Results:

3.3.11 Club Night

Winner: I Billings, D Pizzini, E Silvester
R/up B Meads, F Richards, N Stolwyk

10.3.11 Club Night

Winner: R Bargh, D Pizzini
R/up I Spencer, N Woodcock, E Porter

17.3.11 Club Night

Winner I Billings, M Bargh
R/up J Hooper, K Williams



Up and coming Events:

- | | |
|---------|--|
| 7.4.11 | Open Triples tournament (a plate please) |
| 14.4.11 | Club Night (Novelty Night) |
| 21.4.11 | Skips and 3s – Leads and Twos |
| 28.4.11 | Club Night |
| 5.5.11 | Rinks Championship – Prior Entry |

Out and About.

6 Tauwhare members attended Matangi's Opening Night on 15.3.11
Gr. Mayall won the lead's prize while J.Cottle took the other prize for the Threes (booby)

Visitors are welcome to join us on Club Nights. For information phone Robin Bargh 8241819.

IN YOUR GARDEN



Daylight saving is about to come to an end, nights are drawing in quickly and glorious autumn colours will be obvious. April is the harvest season, the best time in the gardening calendar when the greatest and most interesting selection of fruit and vegies are ripe for the picking. Warm soil and autumn showers result in a burst of new growth in many areas, reinvigorating the entire garden and enhancing the beautiful autumn hues of both foliage and fruit.

Sow broad beans, lettuce, onions, radishes and spinach. Sow climbing peas, sugar snaps and snowpeas in the garden or grow up a tee pee in a large patio planter.

Cut off rooted pieces of perennial herbs such as thyme, oregano and lemon balm to replant in other parts of the garden. Plant out seedlings of broccoli, cabbages, cauliflower, brussels sprouts, celery, leeks and silverbeet.

Keep up with the maintenance. Pull out spent summer crops and recondition the soil with organic compost. Dispose of diseased plants in the rubbish, not the compost! Hoe around winter crops to keep them free of competition from weeds. Apply copper spray to stone fruit.

Side dress winter crops to aid establishment before cooler weather sets in and growth slows right down. Add organic compost to any bare areas of soil to improve soil structure and generally condition soil.

Pumpkins and squash are finally ready to harvest. Ripe pumpkins have good colouring, a hollow sound when knocked lightly and hard shell like skin. Cut pumpkins off vines leaving a 10cm "handle" and store them in a dark, airy place after curing them in the sun for 2 weeks.

Finally, trim lavenders, buxus and all shrubs, clean up under hedges and bushes, where the snails love to hide.

Happy gardening, Jennifer

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Food for Thought

COMMON SENSE



For a long time, mankind survived with little or no legislation. People were expected to use their COMMON SENSE, to treat others as they wished to be treated themselves and generally to take responsibility for their actions. And for the most part it all seemed to work quite nicely.

But as the years have rolled on we have seen more and more legislation enacted to cover many aspects of our lives. Some is entirely necessary, reflecting changes that have occurred in our society over time, but it is sometimes disturbing to note how much law seems to be diminishing the importance of personal values and growth through education. It is perhaps suggesting that individuals, families and communities can now transfer the issues of responsibility and accountability to schools, to workplaces and to government? And is this sending a signal that we do not need to use our common sense?

In the general discussion about the "obesity epidemic" some groups are lobbying for legislation to define nutrition parameters for food manufacturers. Yet at the same time they appear to be ignoring the easy availability of takeaways (minus any nutritional declaration) as well as ignoring the importance of exercise. Likewise, there is debate about limiting advertising of takeaways and treat products in children's television programmes, but with no mention of limiting the wide range of computer-based games for children that encourage much sitting at the expense of healthy exercise.

Maybe we can think clearly through all this simply by reminding ourselves of the COMMON SENSE equation: $\text{BODY SIZE} = \text{FOOD IN} - \text{ENERGY OUT}$

And by accepting that—within the definition of a normal, healthy diet—occasional treats have a role to play. Let us all get back to the COMMONSENSE approach.

English Dictionary:

COMMON SENSE Practical understanding; sound judgement.

CHERYL MCFARLANE





Consulting Officer Comment

Fishing Trip

The annual Eureka Discussion Group fishing trip is scheduled for Tuesday April 12th. The charter barge takes a maximum of 20 and goes out from Te Kouma, Coromandel. Book your spot with Brett Gordon on 8241108 or 0274484722. He says it's the best time of year for good fishing! The cost will be in the \$40 to \$50 range depending on how many people come.

The next on-farm meeting of the Eureka DG is Tuesday May 10th hosted by Brent Moody, 278 Seddon Rd, S/N 72702. Brent is son-in-law of and Farm Manager for, Steve Clausen.

Lack Lustre Pasture Growth in March

Many have questioned the lack of pasture growth in mid March. Was there a moisture deficit or was it in fact a nitrogen deficiency?

The moisture deficit in mid March was about 33% which should not have been impacting on growth. Hamilton's soil water balance showed that a moisture deficit was occurring in early March of around 60% which would have been impacting on growth. It then rained- about 80mm- and since then we have yet to return to a moisture deficit that will impact on growth.

What is most likely to be limiting growth is available soil N. Why? The January rain was sufficient to carry much of the available N below the root zone. It also grew a lot of grass which would have used up more available N in the root zone. In addition last winter and early spring, N leaching was quite high (high rainfall) and then the drought probably prevented clover contributing much N as well.

Symptoms of N deficiency have been obvious. Not only have pastures looked "a pale shade of green" but rust has been very prominent. Very rarely does one find rust on nitrogen rich effluent paddocks. In addition farmers that used N after the last rain, appear to be growing adequate good quality pasture. If this thread of logic strikes accord with you, then some nitrogen could be in order.



Quad Bike Safety

From April the Department of Labour will be out and about in farming communities, including some farm visits, to make sure farmers and their workers are using quad bikes safely. Where inspectors find people working with quad bikes in a dangerous way, they are likely to take enforcement action.

The Department appreciates most farmers recognise and take safety issues seriously. This effort by the Department is about ensuring *all* farmers work to dramatically reduce injuries and fatalities associated with quad bike use.

For more information on quad bike safety see the Department of Labour's [website](#). The [Guidelines for the Safe Use of Quad Bikes](#) are also available online.

Phil Irvine
Senior Consulting Officer
DairyNZ 027 4839820



EUREKA FARM DISCUSSION GROUP

Eureka Discussion Group Plan for 2011

All times unless stated are 11:00am – 1:30pm

Convenor: Brett Gordon 8241108 or 0274484722

Consulting Officer: Phil Irvine 027 4839820 or A/H 8562046

- 8th February** **Brendan & Ron van Vugt, 725 Piako Road, S/N 72738**
- 8th March** **Richard Lansdaal, Motumaoho Station Rd, S/N 72577**
Richard owns, or part owns, several farm businesses running a tight pasture based systems.
- 12th April** **Annual Fishing Trip to Coromandel.** Approx \$40 to \$50 for charter depending on numbers. Maximum 20 people so get in quick. Contact Brett Gordon on 8241108 or 0274484722
- 10th May** **Brent Moody, 278 Seddon Rd, S/N 72702**
Brent is Farm Manager for Steve Clausen
- 7th June** **Ray Vink's farm, 796 Piako Rd, Gordonton, S/N 72739**
NB this is not the 2nd Tues of the month as usual but we wanted to avoid Field Days week.
- 12th July** **Olin & Anna Greenan, 111A Hooper Rd, S/N 7276**
Olin & Anna are 50/50 sharemilkers. Olin is a former NZ Farm Manager of the Year.
- 9th August** **Mid calving lunch at Top Pub, Morrinsville.**
From 11:45 onwards. A chance to get you and/or staff off the farm for a short break. Bring some cash if you want to eat.
- 13th September** **Keith Law, 30 Eureka Rd, S/N 76611.**
Keith is a sharemilker and Equity partner involving 2 farms.
- 11th October** **Peat Lands Ltd. Mike Healey is LOSM. Owners are Richard & Christine Lansdaal. 1477 Piako Rd, S/N 72589.**
- 8th November** **Richard Morrow, 581 Puketaha Rd, S/N 72882**
- 13th December** **To be confirmed. Possibly Craig Mead.**



Facial Eczema – Spore Counts Are High

Some points to remember:

Sheep, cattle, deer, goats and even alpacas are all susceptible to FE. Alpacas are the most sensitive and goats the least sensitive. Sanaa goats are 2 to 4 times more resistant than sheep and feral goats are 4 to 8 times more resistant. Horses don't get Facial Eczema.

Animals consuming low levels of spores over a long time can have as much liver damage as if they were to consume a high level of spores in a short time. This is because the effects of the toxin on the liver are cumulative.

Putting zinc in the water trough **only** protects milking cows – it **does not** protect any other group as they don't drink enough water to get a high enough level of zinc. Sheep will get their moisture from the dew on the ground rather than drink zinc contaminated water.

The ground temperature has to drop to 6 to 7 degrees before the spore numbers start dropping away so the high level of spores could be with us for some time to come.

For most classes of animals drenching with zinc or using a zinc bolus treatment is the only way to provide any protection.

Cows being dried off at the moment will struggle to get enough zinc from the trough treatment to protect them from Facial Eczema. A milking cow in summer needs to consume much more water than a dry cow (between 70-100 litres per day for milkers and 30-40 for a dry cow). Dosing these dry cows with time capsules may be the only effective way to protect them.



Trace Elements

Once the Facial Eczema season is over it is time to start thinking about trace elements and particularly copper. Most forms of copper are not recommended while the FE spores are about, as the presence of copper increases the toxicity of the spores. Copper in the proteinated form such as AvailaCopper and copper from QT Minerals doesn't have this affect.

Dosing the cows with high levels of zinc depletes the liver copper stores by preventing the natural absorption of copper from the rumen.

Ideally cows' livers should be tested in the autumn for copper and usually this is done by taking samples from cull cows sent to the works. But that may prove a bit tricky this season as most of the cull cows will be already gone.

Blood tests are useful if the copper stores in the liver are low but not so good if the liver levels are marginal. When the liver copper levels are marginal the blood results can be normal.

Selenium, if it is not being put on with the fertiliser, should also be tested for.

Autumn Drenching

A key to maintaining production is ensuring that cows are optimising the use of all the energy they consume. It is not an optimal use of limited feed to have this energy supporting an already stretched immune system to fight off parasites. By eliminating parasites, cows are able to use all available resources for foetal development and milk production. This can also help them maintain body condition throughout the dry period.

EPRINEX (nil milk and nil meat with-holds) applied pre dry off can be a smart animal health investment with a rapid return. Trials show one treatment of EPRINEX, at a cost of approximately \$6, can pay for itself in about four weeks. That comes from increased milk production of about 0.03 kg MS per cow¹, per day, at a payout of \$7.00 per kg MS. Even with low parasite levels on the pasture, research shows you can get a good response to treatment.

Another recent trial looked at grazing behaviour in adult cows and heifers treated with EPRINEX between 6-17 weeks into lactation. Treated cows spent approximately 1 hour more time grazing than untreated herd mates. These results show that by eliminating parasites cows are given the chance to make more optimal use of what pasture they have, even if it is limited in supply.

Nitrate Poisoning

Something to consider if feeding crops such as sorghum, new sorghum crops, turnip leaves, oats and new grass paddocks, especially short rotation Italian ryegrasses. Climatic conditions which predispose to high plant nitrate levels are: drought (nitrate builds up in and around roots of plant) followed by rain (sudden uptake of nutrients and growth spurt of plant) and also: cloudy weather with otherwise good growing conditions.

Recently we sampled re-growth sorghum and found the base to be very toxic and the leaves very mildly toxic. We retested the plants a few days after they had been sprayed with roundup and had the same results. If anything the leaves may have been slightly more toxic after the roundup spray. Nitrate accumulates from the base up so the base is always more toxic than the leaf. It is possible to graze plants containing nitrate but the animals need to be managed very carefully ensuring they are fed before they go on to the crop especially high energy food such as maize. Nitrate affected crops should only be grazed for about an hour. Graze in the early afternoon of a very sunny day as the sunlight helps convert the accumulated nitrate into plant tissue.

Does baling or ensiling reduce nitrate levels in feeds?

Ensiling may reduce nitrate concentrations under some conditions. However, this cannot be relied upon to always ensure lower nitrate levels. Crops ensiled with high soluble sugar content (e.g. cereal grains) have a rapid fermentation process. This rapid fermentation does not promote degradation of nitrate during the ensiling. Checking silage nitrate levels when the pit is being filled usually provides an accurate indication of what the nitrate level will be later on.

Curing and baling will not reduce nitrate levels. In fact, if round bale greenfeed, is baled too moist (18-20% moisture) and heats the problem can become worse. The nitrate present in the feed may be converted to nitrites by the microbial action that causes heating. Nitrites in a feed are ten times more toxic than nitrates.



Absolute Skin Therapy

Absolute Skin Therapy may be new to the district but I was fortunate to have grown up here and then chose to make Tauwhare home for my family.

My experience as a beauty therapist extends beyond 25 years and gives me the confidence to produce high standards in a variety of treatments. Waxing to me is a precise art and I am not happy unless the finest of hair is removed.

I am well known for being exceptionally pedantic about brow shapes, leg waxes, bikinis and brazilians. I only use quality warm wax rather than strip wax for those delicate areas, realising that strip wax can be more painful.

I am a results driven therapist and my long standing passion and commitment to skin care has led me to finding a truly outstanding range called iDERmed. When I was first introduced to the iDERmed range I felt it offered something more than other professional salon brands - a product that could deliver the results it claimed.

The real reward is when my clients tell me that they are noticing an improvement in their skin that no other product has achieved so far.

On the flip side, my purpose is not just about selling skin care. If you are happy with your current skin care range, that's fine but I am always free for any questions you may have.

My philosophy is to help educate you about the best possible skin care solutions so YOU can achieve your desired result.

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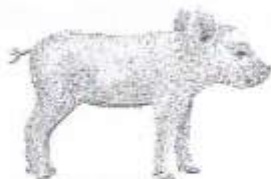
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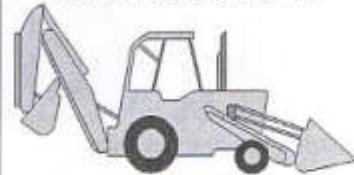
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**BE AWARE OF WHAT TO DO
WHEN IT DOES HAPPEN**

DO YOUR OWN HAZARDS CHECK



This basic checklist will help you identify potential threats to your home, workplace etc.

Note whether you think there is a risk or not.

If you are not sure you should check up.

CHECKLIST	YES	NO	CHECK
<i>Is it vulnerable to earthquake?</i>			
<i>Are you located on a flood plain or adjacent to a watercourse which may flood?</i>			
<i>Is there a major reservoir or storage dam nearby?</i>			
<i>Do high voltage power lines cross your location?</i>			
<i>Will you be exposed to the wind if a windstorm occurs?</i>			
<i>Is there a history/risk of land movement in the area?</i>			
<i>Is your location close to the coast and at risk from tsunami?</i>			
<i>Is there LPG or other bulk fuel storage nearby?</i>			
<i>Is there a high risk industry in the vicinity?</i>			
<i>Are you near a major road (particularly near intersections) or to railway lines?</i>			
<i>Are you adjacent to an airport or beneath an approach/departure flight path?</i>			
<i>Is your locality likely to be affected by heavy snowfall?</i>			
<i>Are you on high ground where lightning may strike?</i>			
<i>Consider vulnerability to fire from any cause (e.g. bush or scrub)?</i>			
<i>Are you at risk from being isolated by loss of road access?</i>			
<i>Any other hazards you can think of?</i>			

Now you have an idea what you may be up against you can do some simple planning to help reduce your risk.

HOUSEHOLD EMERGENCY CHECKLIST

WHAT YOU WILL NEED TO GET THRU

YOUR HOUSEHOLD

ADDRESS: _____

NAMES AND PHONE NUMBERS (INCL MOBILES):

IMPORTANT PHONE NUMBERS

POLICE, FIRE, AMBULANCE: DIAL 111

CIVIL DEFENCE: _____

OTHER: _____

YOUR GETAWAY KIT

Everyone in your house should have a small bag for a Getaway Kit, ready for evacuation. In addition to essential emergency items, this kit should include:

FAMILY DOCUMENTS

- Birth and marriage certificates
- Drivers' licences and passports
- Insurance policies
- Family photos

PERSONAL ITEMS

- Towels, soap, toothbrush and sanitary items
- A change of clothes

EMERGENCY SURVIVAL ITEMS

If you prefer to keep your Emergency Survival Items in the house for everyday use, make sure you know where to find them when an emergency occurs.

FOOD AND WATER – ENOUGH FOR 3 DAYS OR MORE

- Bottled drinking water (at least 3 litres per person per day)
- Water for washing and cooking
- Non-perishable food (canned or dried), can opener
- A primus or gas barbecue to cook on (Check and replace food and water every 12 months)

OTHER EMERGENCY ITEMS

- Waterproof torches and spare batteries
- AM/FM radio and spare batteries
- First aid kit and essential medicines
- Toilet paper and large rubbish bags for an emergency toilet
- Face and dust masks
- Pet supplies
- Blankets or sleeping bags
- Wind and rain proof clothing
- Strong shoes for outdoors
- Sun hats and sunscreen (Check all batteries every three months)

SUPPLIES FOR BABIES AND SMALL CHILDREN

- Food, formula and drink
- Change of clothing and nappies
- Favourite toy or activity

OTHER SUPPLIES

- Hearing and sight aids, batteries
- Mobility aids
- Asthma and respiratory aids
- Special food needs

FOR MORE INFORMATION VISIT
www.getthru.govt.nz

PRODUCED BY THE MINISTRY OF CIVIL DEFENCE AND EMERGENCY MANAGEMENT





What to do in a



Make a plan



Survival kit



What to do in a



Make a plan



Survival kit



Emergency survival kit

Emergency items

Ensure you have the following emergency items in your survival kit:

- food and water for up to three days
- first aid kit and essential medicines
- waterproof torches and spare batteries
- radio and spare batteries
- spare toilet paper, a bucket and plastic rubbish bags for an emergency toilet
- pet supplies

Note: check all batteries every three months.

Emergency clothing

Ensure you have the following emergency clothing items in your survival kit and put all items, especially blankets and clothing, into leak proof plastic bags:

- windproof and rainproof clothing
- sun hats
- blankets or sleeping bags
- strong shoes for outdoors.

Special supplies

Ensure you have special supplies for babies and small children:

- food, formula and drink
- change of clothing and nappies
- favourite toy or activity
- comfort food and treats.

Ensure you have supplies for people with disabilities - remember any:

- hearing aids and batteries
- sight aids
- mobility aids
- asthma and respiratory aids.

Water

In a disaster, water supplies may be cut off or contaminated. Store enough water for everyone in your family to last for at least three days. Store three litres of water, per person, per day. This amount will be adequate for general drinking purposes. Nine litres per person per day will give you enough to cook and for limited personal hygiene. Do not forget to plan for your pets.

Storing tap water

Store water in food-grade plastic containers, such as clean 2-litre soft drink bottles. Heavy duty, reusable plastic water containers are also available at sporting goods stores. Replace water at least once every six months (eg at daylight saving changeover times).

Storing commercially bottled spring or drinking water

- Keep water in its original container.
- Don't put a bottle back into storage once it has been opened.
- Label bottles with their replacement date and store in a cool, dark place.
- Replace water at least once every six months (eg at daylight saving changeover times).

Treating water after a disaster

If you run out of stored drinking water, strain and treat water from your water heater or the toilet reservoir tank (except if you use toilet tank cleaners). You cannot drink swimming pool or spa water, but you can use it for flushing toilets or washing.

Treatment process

Begin by straining any large particles of dirt by pouring the water through a couple of layers of paper towels or clean cloth. Next, purify the water using one of the following methods:

- boil - bring to a rolling boil and maintain for 3-5 minutes. To improve the taste, pour it back and forth between two clean containers to add oxygen back
- disinfect - if the water is clear, add 2-3 drops of bleach per litre. If it is cloudy, add 4-5. Shake or stir, then let stand 30 minutes. A slight chlorine taste and smell is normal.



What to do in a



Make a plan



First aid kit



What to do in a



Make a plan



What to do in a



First aid

If someone you care for is injured in an emergency, your knowledge of first aid could be the difference between life and death. Taking a first aid course, followed by regular refresher sessions, will help ensure you are better prepared for emergency situations.

First aid kit

You can buy ready-made first aid kits or you can make your own. The following items are recommended by St John as the minimum requirement for families. Keep these basic items on hand:

- disposable gloves (2 pairs)
- triangular bandages (2)
- sterile gauze (2) and dressings to stop bleeding
- adhesive wound dressing - 6 cm wide x 1 metre long (1 strip)
- sterile non-adhesive pads - small (2) and large (3)
- plaster strip dressings (1 packet)
- adhesive tape - 25mm hypoallergenic (1 roll)
- antiseptic solution - chlorhexidine sterile 30ml or cleansing agent/soap and antibiotic towelettes to disinfect
- antibiotic ointment to prevent infection
- burn ointment
- adhesive bandages in a variety of sizes
- roller bandages - 50mm (1 roll) and 75 mm (1 roll) and safety pins
- eye wash container, eye wash solution (saline sterile 30ml) to flush the eyes or as general decontaminant
- sterile eye pad
- scissors
- splinter forceps (1 pair)
- over-the-counter medicines such as Panadol or other pain reliever, laxative, anti-diarrhea medication
- prescription medications you take every day such as insulin, heart medicine, or asthma inhaler
- prescribed medical supplies such as glucose monitoring equipment or blood pressure monitors
- accident register and pencil
- first aid manual
- card listing local emergency numbers.

Food

Collect enough food and water for at least three days:

- canned or dried food
- bottled drinking water (3 litres per person per day)
- baby food
- pet food
- food for special dietary needs.

Check and replace food and water twice a year (for example, at daylight savings changeover times).

For more information about salvaging food and water see the [food](#) page.

Equipment

Also think about the type of equipment you might need to prepare the food if power and water supplies are cut off. For example:

- can opener
- portable gas stove (primus) or barbeque to cook on
- matches or lighter
- extra water for cooking.

Getaway bag

Everyone in the house should have a small getaway bag, ready for evacuation. In addition to essential emergency items, this bag should contain:

- personal items (towels, soap, toothbrush, sanitary items)
- a change of clothes.

For parents

- Family documents (birth and marriage certificates, driver's licences, passports, insurance policies, family photos).
- A recent photo of your children.

For children

- A recent family photograph.



What to do in a



Make a plan



What to do in a



Make a plan



What to do in a



Make a plan



Children

Include your children in family discussions and planning for emergency safety.

- Teach your children their basic personal information so they can identify themselves and get help if they become separated from a parent or guardian.
- Prepare an emergency card with information for each child, including his/her full name, address, phone number, parents' work and mobile numbers and out-of-area contacts.
- Know the policies of the school or daycare centre your children attend. Make plans to have someone pick them up if you are unable to get to them.
- Regularly update your child's school with current emergency contact information and persons authorised to pick up your child from school.
- Make sure each child knows the family's alternate meeting place if you are separated in a disaster and cannot return to your home.
- Make sure each child knows how to reach your family's out-of-area contact person.
- Teach children to dial their home telephone number, and 1-1-1 in an emergency.
- Teach children what gas smells like and advise them to tell an adult if they smell gas after an emergency.
- Warn children never to touch wires on poles or lying on the ground.
- Role-play with children to help them remain calm in emergencies and to practice basic emergency responses such as evacuation routes, 'drop, cover and hold' (during earthquakes) and 'stop, drop and roll' (if their clothing is on fire).
- Role-play with children to help them understand what they should do if a parent is suddenly sick or injured.
- Role-play with children on what to say when calling 1-1-1 in an emergency.

Pets

Most emergency shelters cannot accept pets because of health and safety regulations. Service animals for people with disabilities are an exception. Arrange for a neighbour to check on your pets and take care of them if an emergency occurs while you are not at home. Plan ahead for a friend or relative outside the affected area to shelter your animals if necessary. Keep your pets ID tags up to date. Consider having your pet micro-chipped if it is not already.

Survival kit

Make an emergency getaway bag for each of your pets and include the following:

- sturdy leashes and/or carriers to transport pets
- current photos of your pets in case they get lost
- food and safe drinking water for at least three days
- bowls, cat litter and pan, plastic bags, can opener and pet toys
- information on feeding schedules, medical conditions, behavior problems, immunisation records and the name and number of your veterinarian in case you have to board your pets.

During emergencies

- Bring all pets into the house so that you won't have to search for them if you have to leave in a hurry.
- Do not try and hold on to your pet during the shaking of an earthquake or explosion. Animals instinctively protect themselves and hide where they are safe.
- Animals react differently under stress. The most trustworthy pets may panic, hide, and try to escape or even bite or scratch.
- Outside your home and in the car, keep dogs securely leashed. Transport cats in carriers.
- When you return home, give your pets time to settle back into their routines. Consult your veterinarian if any behavioral problems persist.

People with disabilities

Set up a personal support network

Designate someone to check on you in an emergency and to help with evacuation or sheltering-in-place.

Personal care assistance

If you receive assistance from a home healthcare agency or in-home support provider, find out how the provider will respond in an emergency. Designate backup or alternative providers that you can contact in an emergency.

Persons using a wheelchair

Plan for how you will evacuate in an emergency and discuss it with your care providers. If you use a motorised wheelchair, have a manual wheelchair as a backup.

Persons who are blind or visually impaired

Keep an extra collapsible cane by your bed. Attach a whistle to the cane - use it if you need to attract attention. Exercise caution when moving around after an earthquake as items may fall and block paths that are normally clear.

Persons who are hearing impaired

HOUSEHOLD EMERGENCY PLAN

COMPLETE THIS PLAN WITH ALL MEMBERS OF YOUR HOUSEHOLD

1. If we can't get home or contact each other we will meet or leave a message at: _____

2. The person responsible for collecting the children from school is:

Name: _____

Contact details: _____

Name (back-up): _____

Contact details: _____

3. The person responsible for checking the emergency survival items is: _____

4. The radio station (incl AM/FM frequency) we will tune in to for civil defence information:

5. In an emergency we will remain in our home unless advised otherwise. We will need to be prepared to look after ourselves for up to 3 days or more. In an emergency we will:

- Stop, think and respond
- Get our Emergency Survival Items
- Listen to the radio for advice and information

6. If we have to evacuate our home we will:

Take our Getaway Kit, and the essential emergency items

Turn off water, electricity and gas
(always seek professional advice before reconnecting the gas supply)

7. Neighbours that may need our help or can help us:

Name: _____

Address: _____

Phone: _____

Name: _____

Address: _____

Phone: _____

Name: _____

Address: _____

Phone: _____

8. A plan of our house showing places to shelter e.g. in an earthquake, exits, assembly areas and where to turn off water, electricity and gas:

PLAN OF OUR HOUSE



What to do in a



Household emergency plan

Many disasters will affect essential services and possibly disrupt your ability to travel or communicate with each other.

Get your family or household together and agree on a plan.

[Household emergency checklist](#)

(54 kb, less than 1 min to download, 56K modem)

[Household emergency plan](#)

(44 kb, less than 1 min to download, 56K modem)

Make a plan



- Download the documents above, print them out, fill them in and stick them on the fridge door.
- Make sure someone is responsible for checking the [emergency survival items](#) and replacing food, water and batteries twice a year (for example, at daylight savings changeover times).
- Decide where you will shelter in an earthquake, flood, or storm.
- Decide which radio station you will tune to for emergency broadcasts. Write down the frequency (AM/FM) and stick it on the fridge door.
- Allocate tasks for those at home when an emergency occurs, like turning off water, electricity and gas, gathering up pets and checking on neighbours.
- Arrange authorised people to collect children from school and provide the school with a list of these people.
- Discuss how to get in touch with each other and other family members in an emergency.
- Decide on a meeting place in the event that your house becomes unusable and family members are separated.
- Know how to contact your local Civil Defence centre for assistance during an emergency.
- Know your local Civil Defence warning system.
- Know where your nearest Civil Defence assembly point is (usually your local public school).
- Do a first aid course.
- Get to know your neighbours by joining (or forming) a neighbourhood support group.

Survival kit



What to do in a



Home safety

During a disaster, ordinary objects in your home can cause injury or damage. However, there are simple steps you can take to make your home safer. Start by viewing each room with a disaster eye and identifying potential hazards, for example, bookshelves that could tip over in an earthquake and block exits or heavy objects that could fall and cause injury.

- Install smoke detectors on each level of your home and change the batteries every 6 months (at daylight saving changeover times).
- Move beds away from windows.
- Move mirrors and heavy pictures away from couches or places where people sit.
- Clear hallways and exits for easy evacuation.
- Store heavy items on the lowest shelves.
- Keep a fire extinguisher on each level and know how and when to use them.
- Strap down your water heater and fit all gas appliances with a flexible gas supply line.
- Store flammable or highly reactive chemicals (such as bleach, ammonia, paint thinners) securely and separate from each other.
- Secure pictures and wall hangings and use restraints to secure heavy items such as bookcases and filing cabinets.
- Know where and how to switch off your power, water and/or gas.
- Ensure that all window safety bars have emergency releases.
- Be sure your home number is visible from the street so emergency vehicles can find you.

Make a plan



Survival kit





What to do in a



Make a plan



Survival kit



Flood

On this page:

- [Pre-flood precautions](#)
- [When a flood threatens](#)
- [After a flood](#)

Many New Zealand towns are built on or near a river crossing, stream or waterway, and danger from flooding is common. Stopbanks constructed to keep out floodwaters often have a limit that can be exceeded during heavy or unusual storm events.

Pre-flood precautions

- Know the Civil Defence warning signal for your area.
- Know where to get help - know where your nearest Civil Defence post or Police Station is.
- Know how to reach the nearest high ground.
- Know how to turn off electricity and gas supplies at the mains.
- Find out about the worst flood in your locality and how high it rose.
- Calculate where such a flood would reach to in your home.
- If possible, keep your valuables, some clothing and food above this high-water mark.
- Store weedkillers, insect killers and other chemicals in a high safe place above your estimated high-water mark if possible. In a flood, they can cause contamination, possibly poisonous fumes, that will endanger both your family and rescue volunteers.
- If you have unused space above your ceiling, consider building some inexpensive storage there, for survival needs, with easy access when a flood threatens. High cupboards are a good alternative.
- Keep a **survival kit** always ready.
- Prepare a **getaway bag** for each member of your household, including pets. Include important documents in this bag.
- Keep the insurance cover on your home and its contents up-to-date.

When a flood threatens

- Listen to your radio for information.
- Follow official civil defence advice and instructions.
- When floodwaters get close to your home, disconnect electrical appliances and move valuables, clothing, food, medicines and chemicals above the likely reach of floodwater, if possible.
- If you have to leave your home, take your getaway kit with you.
- Turn electricity and gas off at the mains.

During a flood

- Get to the nearest high ground if possible.
- Do not go into floodwaters alone.
- Do not go sightseeing through flooded areas.
- Do not drink floodwater, it could be contaminated and bad for your health.

After a flood

- It may take time to get everything back to normal after an emergency. Contact your doctor if you are unwell.
- Let your local council know of any conditions that could be dangerous or could encourage the spread of diseases.

Salvaging food items and utensils

Floodwaters can carry bugs that cause disease from the ground surface, septic tanks and sewerage systems. These can contaminate food.

- Wash cooking, eating, and other kitchen utensils in hot soapy water, if they have been covered by floodwater. Rinse thoroughly in safe water, then disinfect by immersing for one minute in a solution of 500 ml (about two cups) of household bleach in 10 litres of water. Rinse again in safe water. Alternatively, boil all utensils for three minutes.
- Destroy all unpackaged food and food items packed in paper, cardboard or non-waterproof material that have been exposed directly to the floodwater.
- Get rid of all foods needing refrigeration when they have been unrefrigerated for more than two hours, if the power has been off to the freezer for more than two days, get rid of all thawed food.
- You can save foods in waterproof, airtight containers (eg tins) that have been in floodwater, but make sure they are thoroughly cleaned before opening. Wash and scrub them in warm water with soap or detergent, then rinse them in clean water from a safe supply. Alternatively, soak them for at least one minute in a solution of 500 ml (two cups) of household bleach mixed with 10 litres of water, then rinse clean.
- Wash and disinfect your can opener before using it.
- Throw out the contents of bottles with crown tops and crimped or screw caps if they have been submerged in floodwater. It is safer to get rid of all home preserves, as these have a higher risk of contamination than commercial items.
- DO NOT use packaged or canned food, if it has been punctured or is bulging or leaking or the top has

- popped up. Throw out any canned foods dented on the side or along the top or bottom seams.
- Cook all food thoroughly and eat it immediately. Cook only enough for each meal. DO NOT save leftovers.
- **IF IN DOUBT THROW IT OUT!**

Water

- Boil water before drinking.
- If your water tank is affected by floodwater, get rid of the contents (it may be polluted), clean the tank out and disinfect it.
- If you use bore water, pump the bore to waste for 24 hours. If the bore is under water do not pump.
- If your water comes from a well, mix 2.5 litres of household bleach with 45 litres of water and pour down the well. Replace the well cover and turn on each tap until there is a smell of chlorine in the water. Turn off the tap, but do not use the water for eight hours, then open all taps and flush out the chlorine.

Hipaua earthquake June 2009

Media releases in regard to Hipaua earthquake are available on the [earthquake page](#).

What to do in a



Storm

For information on storm-related hazards go to the [Environment Waikato website](#).

The following actions will help you stay safe during a storm.

- If water has entered a garage or basement, do not walk through it. It may contain hazardous materials.
- Do not try to drive over a flooded road. If your car stalls, abandon it immediately. Attempting to move a stalled vehicle in flood conditions can be fatal.
- Tune to local television or radio channels for emergency advice and instructions.
- If you are asked to leave your property, unplug all **electrical appliances**.
- Call your local council to report fallen trees or tree limbs, or clogged catch basins.
- Call your local council to report flooded streets.
- Avoid downed power lines and broken gas lines. Report them to your local electricity or gas supplier.

VOLCANIC ERUPTION

There are seven active volcanic regions in New Zealand. Those living in these regions are at risk from volcanic ash, debris and lava flows. A major eruption can deposit huge quantities of ash across vast areas creating serious problems.

BEFORE A VOLCANIC ERUPTION

- Find out if you live in a volcanic area and the hazards that could affect you
- If you live in an area that could experience a lava flow, make sure you know a quick route to safe ground
- Talk to your local Civil Defence Emergency Management Group about how they will warn you of a volcanic eruption
- Develop a Household Emergency Plan and prepare an Emergency Survival Kit so that you will cope with being on your own for three days or more
- You should also plan what you need in your Getaway Kit in case you need to evacuate

WHEN A VOLCANIC ERUPTION THREATENS

- If a life-threatening eruption is likely to occur, a Civil Defence Emergency will be declared and the danger area will be evacuated
- Listen to your radio for information and follow Civil Defence Emergency Management advice

DURING A VOLCANIC ERUPTION

- Save water in your bath, basins, containers or cylinders at an early stage. Your normal water supply may become polluted
- Bring your pets indoors and stay indoors as much as possible
- If you have to go outside, wear a dust mask and goggles. This will keep ash out of your eyes and lungs
- Keep your gutters and roof clear of ash. Heavy deposits of ash can collapse your roof
- Turn your electricity and gas off at the mains
- Do not leave your home unless advised by Civil Defence Emergency Management officials

AFTER A VOLCANIC ERUPTION

- Do not return to your home until Civil Defence Emergency Management officials have told you that it is safe to do so
- If you are affected by the eruption, have your house inspected and the damage assessed



TAUWHARE SCHOOL

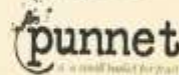
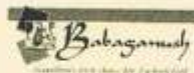
entertainment Book fundraising

They're coming...

...to Tauwhare School as a fundraiser for 2011!

The brand new 2011/2012 Entertainment™ Book features many of the area's best restaurants, cafes, hotel accommodation, attractions, and activities for families... all with valuable 25% to 50% off and 2 for 1 offers.

Purchase an Entertainment™ Book and receive over \$10,000 in valuable offers that you and your family can use all year – from March 2011 until June 2012!



The best part is that for only \$55, you'll be helping us fund-raise, with \$11 from every Book sold contributing to Tauwhare School's fundraising.

Books are available from Tauwhare School office – simply fill in the order form below and take it into the office with your payment to receive your copy of the Entertainment Book.

If you have any questions please contact the School Office on 07 824 0864.

Tauwhare School **entertainment** Book Order Form

I wish to purchase _____ Entertainment Book/s @ \$55 each (incl. GST) Total: _____

Name: _____ Ph Number: _____

Payment Type: Cheque made payable to Tauwhare School Cash Visa MasterCard

Credit Card No: Exp Date:

Cardholder's Name: _____ Signature: _____

Thank you for supporting Tauwhare School's fundraising.

Enjoy great savings with the Entertainment Book

For only \$55, you can purchase an Entertainment™ Book, with thousands of dollars of savings for the whole family

ONLY
\$55



Look at just a few of the ways the savings can add up!

	<u>Est. Savings</u>
Receive a complimentary main course when another is purchased at Keystone	\$40.00
Receive a complimentary main course when another is purchased at Victoria Street Bistro	\$35.00
Receive 25% off the total bill at Barzurk	\$35.00
Receive a complimentary main course when another is purchased at Punnet	\$25.00
Receive a complimentary main course when another is purchased at the Woodbox	\$40.00
Receive a complimentary main course when another is purchased at Domaine	\$40.00
Receive 25% off the total bill at Furnace	\$35.00
Receive a complimentary main course when another is purchased at Smith & McKenzie	\$35.00
Receive complimentary main course when another is purchased at Iguana	\$30.00
Receive complimentary main course when another is purchased at Embargo	\$35.00
Receive complimentary main course when another is purchased at Babaganush	\$25.00
Total Savings	\$375.00

	<u>Est. Savings</u>
Go out with the family and experience the Rotorua Duck Tours	\$40.00
Consider yourself a thrill seeker? Take a ride on the NZ River Jet	\$25.00
Escape from the kids with 2 adult admissions to Hoyts Cinemas for \$26	\$8.00
Swoop, Schwebb or Freefall at Agroventures with a 'pick two' package at 50% off	\$40.00
Take the family on a cultural tour at Te Pua	\$25.00
Take a friend for a dip at the Mount Maunganui Hot Salt Water Pools	\$9.90
Happy Birthday Dad – take him to watch the Chiefs Rugby for his special day	\$15.00
Take the family to the Hamilton Zoo to see all of the animals	\$15.00
Go slipping and sliding at Waterworld	\$5.50
Say 'thanks Mum' with 25% off any one treatment at Clinic Indulge	\$15.00
Round up the troops and head to Leisure Hills Fun Park	\$9.00
Total Savings	\$207.40



Entertainment Books make great presents – Auckland, Christchurch Dunedin, Wellington and Australian Editions also available.